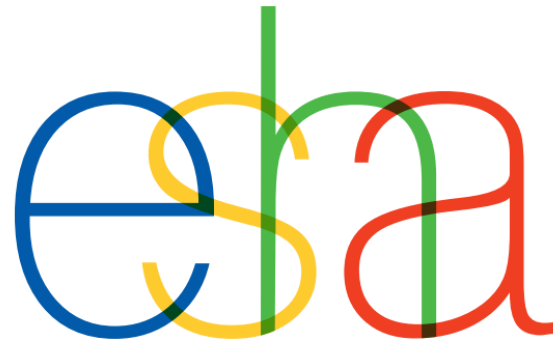


Positive Education;
development and well-being - the
unbreakable relationship



European School
Heads Association

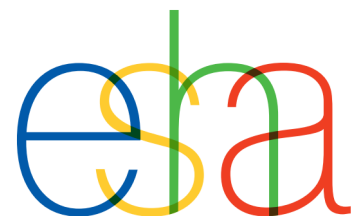
Positive
Education is
about watching
in a different
manner, thinking
different and
dare to act
different

From didactic
interventions
towards
character
building

Rethinking
old frames

Practical
Focus on
development
Of character

Introduction



European School
Heads Association



**POSITIEF ONDERWIJS
NEDERLAND**



algemene
vereniging
schoolleiders



Intraverte

gedrag in beweging



motivation

key

- **Well-being, a combination of self-confidence and vitality is conditional (pedagogical climate)**
- **Care and education come together better in education**
- **Education must be in line with individual development**
- **Bio-psychosociaal Model**
- **Self-direction and self-reliance**

White paper Positive Education

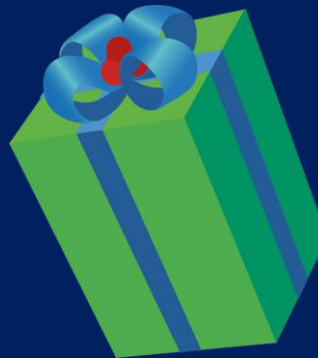
CHANGE THE WAY OF THINKING BY CHANGING PERSPECTIVE

Petra van Haren and Koos Stienstra

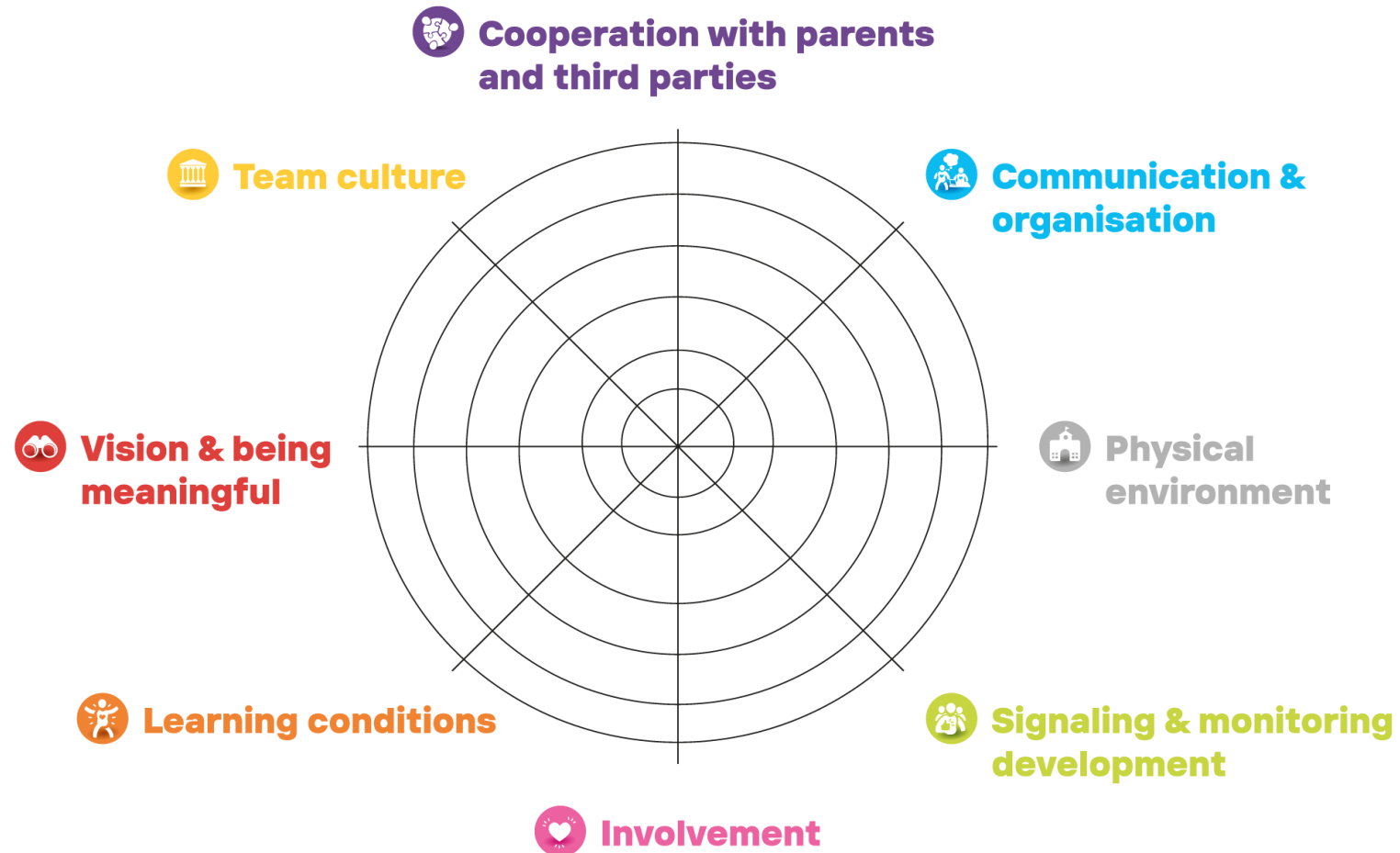


Intraverte
gedrag in beweging

Algemene Vereniging Schoolleiders
in het basiss, voortgezet en speciaal onderwijs



The wellbeing of your school

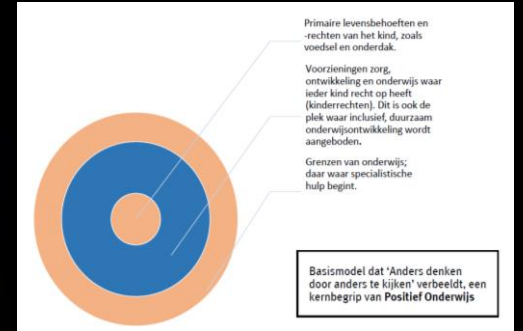


Social developments

Care and education
bring together..
How do we bring this
better in practice? Do we speak the same language?

Appropriate Education

Transition Youth Care



Permanent learning plus resilience and agility & flexibility
Equal opportunities through tailor-made equipment

Positive Education Nederland

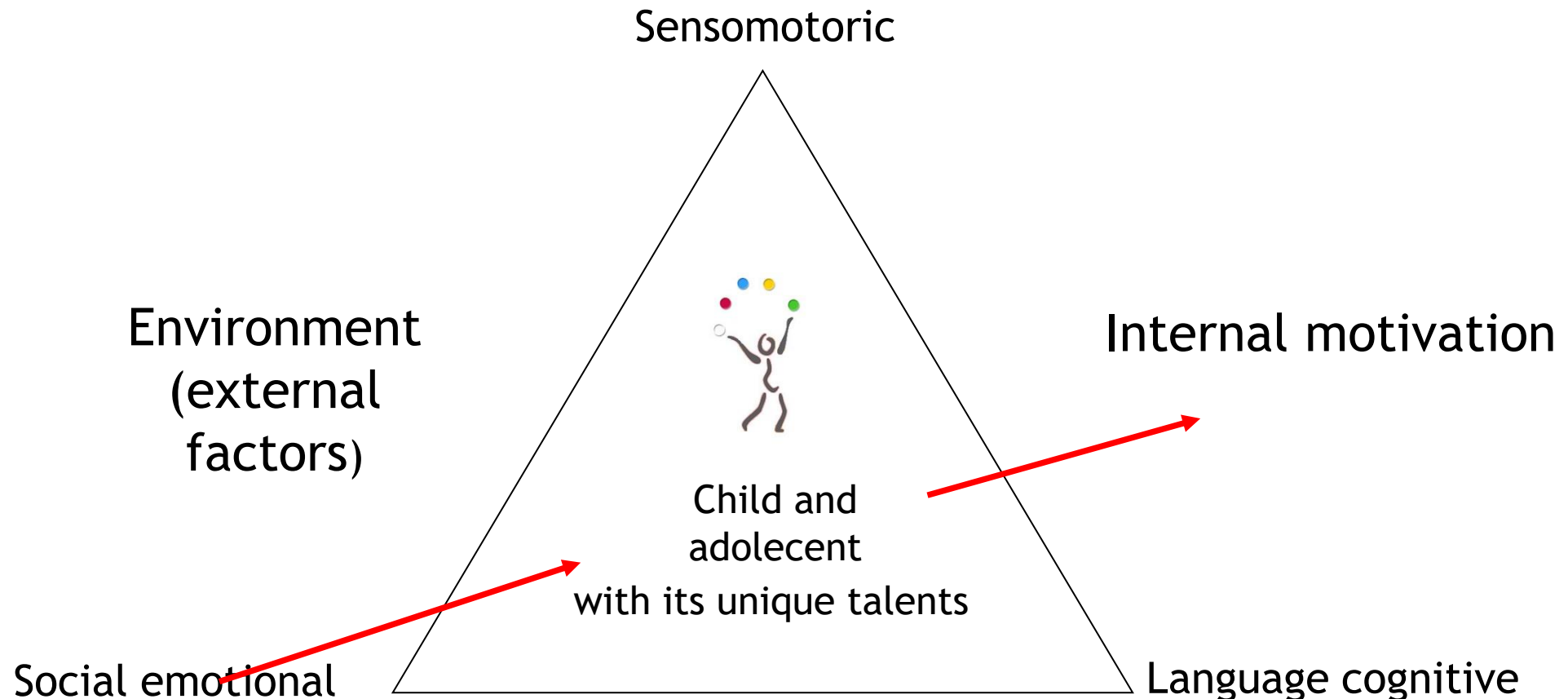


Positive Psychologie
(Seligman - 1996)

Positive Health
(Huber - 2012)

Permanent learning plus resilience and agility & flexibility
Equal opportunities through tailor-made equipment

Total development



Without this knowledge, we mop up with the tap open in education

Simple and logical

- changed exercise behaviour of children
- Leads to late ripening
- At the same time, we bring forward learning questions
- And increase learning questions
- And the knowledge about ripening disappears
- Leading to an explosion of support needs
- And leads to a sharp decrease in motivation among a part of the student population
- Which all together leads to
-

Sensory Conditions ➔	1	2	3	4	5	6	7	8	9
School Skills ⬇	balance	cross movements	Eye-hand coordination - coarse	Eye-hand coordination – fine	Body scheme	Apply complex situations	Visual perception (seeing)	Auditory perception (hearing)	Tactile perception (feeling)
Reading writing									
mathematics									
Making a paper									
Presenting a paper									
Playing together									

Kidstool ... how are you doing?



Kidstool: Well-being in focus

<https://www.positiefonderwijsnederland.nl/kidstool-english/>

Conversation
tool!



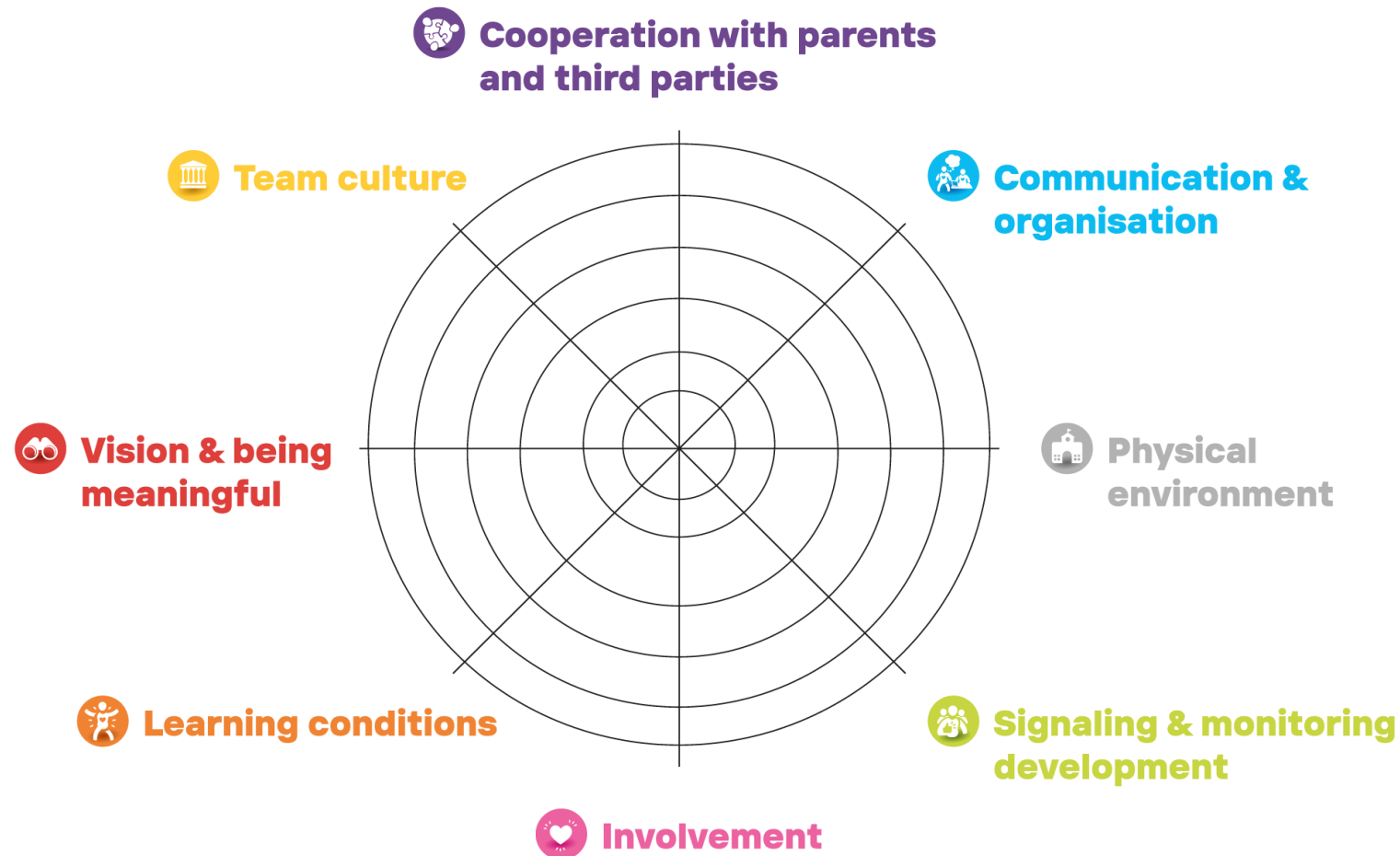
Well-being according to Positive Psychology

- There is concentration on the task
- There is clarity about the goals and reward and immediate feedback on them
- The experience is intrinsically worthwhile
- The task is almost effortless and easy
- There is a balance between challenge and skills
- The actions and self-awareness are merged
- There is a sense of control over the task
-

Challenge for education

- A task with too much challenge will result in fear / uncertainty (you feel that you cannot meet the set requirements) and one with too little challenge will result in boredom.
- Knowledge about the biosocial/totally is therefore crucial to be able to connect with the child.
-

The wellbeing of your school



To Discuss

- To what extent do you recognize your own vision in Positive Education?
- What would you like to give more space within your school?
- What do you let yourself be hindered by?
- Where do you see challenges and opportunities?